

This is a worksheet for your self-evaluation of study habits and exam preparedness.

The average number of hours I spent per week reading the book, reviewing/processing class notes, and/or studying was:

0-1 1-2 2-4 >4

I asked my instructor questions when I was confused about textbook material and/or lecture material:

Never Sometimes Regularly

Overall, I spent _____ hours specifically studying for this exam.

Prior to taking this exam, I expected to get an approximate grade of _____.

My actual grade was _____.

Check all of the statements that apply to your performance on the exam:

- | | |
|--|---|
| _____ studied the right information | _____ did not study the right information |
| _____ studied the right information but did not understand it | _____ studied the right information and thought I understood it |
| _____ used the checklist to study | _____ thought college would be easier |
| _____ did not know what to study | _____ other: _____ |
| _____ did not think I would need to know the information in so much detail | |

Analysis of Missed Questions

I answered the question incorrectly because I: **Insert question number below in the correct category**

Did not study the information																		
Studied the information but forgot it																		
Did not understand the information in the checklist																		
Confused similar concepts and terms																		
Misread or misunderstood the question																		
Made an algebra mistake or calculation error																		
Other reason:																		

(see back side for more questions)

What insights has the above analysis given you about your performance on the exam?

What changes can you make to improve your score on the next exam?

How can your instructor help you?

Set a specific goal related to the next exam and list one strategy you will use to help you achieve that goal.